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Foreword

There is no Hungarian more appropriate than Zoltan Valcsicsak to write about Bhutan. Since our first encounter in London at the beginning of 2011, Zoltan's zest in things Bhutanese have been unrelenting. Soon after we met, Zoltan spent over two months as a volunteer for the Loden Foundation and even maintained a popular blog about his time in Bhutan (volunteeringinbhutan.blogspot.com) in order to promote the Loden Foundation and Bhutan to his friends, particularly those in Hungary. Whenever we met, we discussed about Bhutan and how best to connect the two peoples of Hungary and Bhutan.

On 15 September, 2011, we launched together the Magyar Bhutáni Baráti Társaság in Budapest with an audience of a few hundred residents who filled the hall. The launch of the association formally began the friendship and exchanges between the peoples of the two countries. Since then, Zoltan has been the *de facto* ambassador and spokesperson for Bhutan in Hungary and in Bhutan for the Hungarians. We have worked together on various projects and continued our discussions, specifically on the mutual interest of sustainable economy and responsible business development. To this effect, Zoltan and the Loden Foundation in partnership with the European SPES Forum organised an enlightening workshop on Buddhism and Business in Brussels.

Today, Zoltan regularly visits Bhutan both to teach his expertise to the country and to learn new lessons from it. Our paths frequently cross allowing our conversations to reach new depth and minds to find new light and more shared interests. This book is one such journey Zoltan has made, on and into Bhutan, with the aim of sharing the story of Bhutan with his Hungarian friends. It is a journey in which I also play a minor part but take major pride as a friend and as a conscious and vocal citizen of Bhutan. May *Awakening in My Dream in Bhutan* help awaken many from the mundane dreams to behold the farsighted and bold visions, which with the Land of the Thunder Dragon and GNH are associated.

Karma Phuntsho
President, The Loden Foundation